FS13 Pre-Service Allergen Checker Tool



- 1. Can be used as a tool in the pre-service briefing.
- 2. Record the name of every item and tick the boxes for every allergen contained in each menu item as listed on the manufacturer's ingredients list.
- 3. Food containing GLUTEN** and NUTS* write the Menu name and in brackets name the cereal (s) or nut in the menu item. List of Gluten containing cereals and list of Nuts are provided below.
- 4. Record "MC"s if the ingredients label says May Contain or a menu item may have been contaminated by an Allergen in the kitchen. Products that may contain Gluten and Nuts, see point 3 above and record accordingly.
- 5. Ensure that no menu items are garnished or have ingredients added after the document has been completed.
- 6. Brief all food preparation and food service team members on which items contain what allergens.
- 7. Leave the completed form accessible for Allergy Champions to locate & respond to customer queries.

Date: 15 th May 2025 Person completing FS13: Signature: K Tomlins Menu item	NO KEY ALLERGENS	Peanuts [NOT PRIMARY]	Tree Nuts [NOT PRIMARYI*	Gluten**	Fish	Milk	Eggs	Sesame	Molluscs	Shellfish / Crustaceans	Mustard	Lupins	Sulphites	Celery / Celeriac	Soya/Soybeans																
																Beef Burger WW															
																Contains Pea Fakes	x														
																Beef Burger CMB				х									х		
Quorn Burger				Х		х	х																								
Burger Bun				Х				m/ c																							
Ketchup	х																														
Rainbow Slaw	х																														
Peas	х																														
Sweetcorn	х																														
Chocolate Drizzle Cake				Χ			х																								
NGCI Chocolate Cake	х																														
Bidfood Beef Burger CODE 49525													Х		Х																

^{*} Including: almonds, hazelnuts, walnuts, pecans, Brazils, pistachios, cashew, macadamia, Queensland

^{**} Including: wheat, rye, barley, malt, oats. (gluten free only when sold as sealed in manufacturer's packaging)

FS13 Pre-Service Allergen Checker Tool



NO KEY ALLERGENS COLUMN, i.e. none of the 14 key allergens – are contained in this dish / food / product